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(54) **Agent for the regulation of the appetite or a sleeping agent.**

(57) An agent for the regulation of the appetite or a sleeping agent, which consists of the activation peptide in procolipase, consisting of the peptide sequence

X-Pro-Y-Pro-Arg

wherein

a) X is Ala and Y is Gly, or

b) X is Val and Y is Asp,

or a derivative thereof.

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## Description

Agent for the regulation of the appetite or a sleeping agent

The present invention is directed to an agent for the regulation of the appetite or a sleeping agent comprising the activation peptide of colipase occurring in procolipase.

Obesity can be associated with serious and life threatening disorders such as diabetes mellitus, arteriosclerosis, hypertension, angina pectoris, thrombosis and pickwickian syndrome. Reduction of obesity by appetite regulation can therefore be useful in the treatment of such disorders.

The pancreas is made up of two parts, an exocrine part and an endocrine part. From the exocrine part are secreted enzymes which take part in the hydrolysis of food and from the endocrine part is secreted a number of hormones, above all insulin which takes part in the regulation of blood sugar.

Our food consists of macromolecules. There are three main groups, proteins, fats and carbohydrates. In order to be able to be assimilated they must be broken down into smaller pieces, amino acids, fatty acids and monosaccharides. This degradation takes place in the intestine by the action of enzymes. Most of these originate from the pancreas. There are one or more for each group of food, one amylase, which splits starch (carbohydrate), five different proteases, which split proteins (trypsin, chymotrypsin, elastase, carboxypeptidase A and B), and three different enzymes, which split fats (lipase, phospholipase and carboxylester-hydro-lase). The most important of these is lipase. It hydrolyses triglycerides (neutral fat), which constitutes the main part of the dietary fat. To emulsify the fat in the intestine all higher animals have bile salt, derived from the liver via the gall-bladder. Lipase itself is totally inhibited by bile salt, but is activated in this situation by another pancreatic protein, colipase. Colipase is a protein with a molecular weight of 10 kD. During the activation of lipase colipase binds to lipase in a 1:1 molar ratio. Colipase itself has no enzyme activity of its own. The activation of lipase by colipase occurs both with and without bile salt; the activating effect is most obvious in the presence of bile salt.

The amino acid sequence of colipase is known. It is a molecule which is stable to heat and acid (is unaffected by boiling in 0,1 N HCl) probably due to its content of five disulphide bridges. It can be characterized as consisting of a core strongly connected by the five disulphide bridges + two tails, the N-terminal and the C-terminal chain. The activation of lipase takes place by binding of colipase to lipase and the subsequent binding to the substrate by the lipase-colipase-complex.

All pancreatic enzymes (with the exception of amylase and lipase) are secreted from pancreas in an inactive or zymogen form and are activated in the intestine by a limited proteolysis. The occurrence of inactive enzymes in the pancreatic gland is a necessary protection against an enzymatic degradation of the pancreatic gland itself (autolysis). At the activation an N-terminal peptide is removed, known as an activation peptide. Every enzyme has its own characteristic activation peptide, consisting of between 5 and 10 amino acids. Enteropeptidase in the small intestine triggers the activation by activating trypsinogen to trypsin, whereafter trypsin activates the remaining pancreatic zymogens.

Colipase exists as a proform, procolipase. The activation peptide for this consists of five amino acids. By most animals (pig, rat, horse) it has the appearance Val-Pro-Asp-Pro-Arg. By man it has the appearance Ala-Pro-Gly-Pro-Arg. This peptide appears to possess biological properties, and can, therefore, be used pharmacologically as an agent for the regulation of the appetite and as a sleeping agent.

The present invention thus concerns an agent for the regulation of the appetite and a sleeping agent, characterized in that it is composed of the activation peptide of procolipase, consisting of the peptide sequence

X-Pro-Y-Pro-Arg

wherein

- a) X is Ala and Y is Gly, or
- b) X is Val and Y is Asp or a derivative thereof.

A derivative of this sequence can be made up by natural procolipase, by a C-terminal amide or by the peptide sequence bound to a synthetic polymer.

The preparation of the pentapeptide Ala-Pro-Gly-Pro-Arg and Val-Pro-Asp-Pro-Arg can be performed by synthesis on solid phase (Solid phase peptide synthesis, 2nd Edition, Stewart J.M. and Young J.D. Pierce Chemical Company (1984)).

In order to be able to be administered orally the agent could be derivatized, that is bound to a longer molecule, thus preventing it from being destroyed in the acid environment of the stomach already. The activation peptide shall not be liberated until it has reached the intestine.

Systematic experiments on rats have demonstrated that they lose their appetite and weight when given injections of the pentapeptide. The rats given the pentapeptide also show besides satiety drowsiness, muscle relaxation and sleep. The agent according to the invention can, therefore, be used as a regulator of the appetite as well as a sleeping agent with the great advantage that the agent is naturally occurring.

Overweight in persons can in some instances be due to an enhanced appetite. It has been shown that when persons of normal weight eat with a certain rate of speed in the beginning of the meal and then slower, overweight persons eat with undecreased rate of speed throughout the whole meal. It takes long before satiety is reached.

If the experiments on rat are translated to the social being man the hypothesis is that the overweight person has low or lower levels of procolipase in the pancreas gland and, therefore, a lower amount of peptide in its serum. Overweight persons correspond to the controls in the rat experiments, which eat a lot without pause before they are satisfied. Three hours later, however, they watch the time and observe that it is time to eat again (the social pattern) and sit down to dinner without actually being hungry. The pattern of food intake becomes a habit. The consequence is overweight. Persons of normal weight correspond in the present experiment to the peptide rat, which eats and becomes satisfied comparatively promptly. Three hours later, when it is time for the next meal, these persons are, therefore, hungry. Appetite and pattern of food intake corresponds well by these persons and normal weight is a consequence. These persons have hypothetically more procolipase in their pancreas gland and therefore more activation peptide in their blood than the overweight persons.

It is described (Kissileif et al., Am. J. Clin. Nutr. 34:154-160) that cholecystokinin (CCK) administered intravenously can give to patients an earlier feeling of satiety. CCK is a hormone which stimulates the secretion of pancreatic enzymes and among these procolipase. The previous studied effect may be an indirect effect of CCK, with the peptide according to the invention as a mediator of the effect. This should strengthen the hypothesis that the experiments on rats described here can be translated to man and have use within human medicine.

Instead of administering the peptide intraperitoneally it can be given by the intravenous route. It is also relevant to give it in the form of procolipase included in pellets. A rat given procolipase enriched pellets shows a peptide pattern in its food intake. In this case procolipase obviously passes the stomach in intact form and is activated in the intestine by the trypsin of the rat itself, thus liberating the pentapeptide. This observation is important in relation to possible compositions of the pentapeptide in tablet form (as a stable procolipase molecule). In experiments larger doses have resulted in a reduction of the weight or rather a diminishing increase of the weight in growing rats.

The peptide according to the invention can be used as a drug, for instance in the form of pharmaceutical compositions. The pharmaceutical compositions can be administered orally, for instance in the form of tablets, film coated tablets, dragées, hard and soft gelatine capsules, solutions, emulsions or suspensions. The peptide can also be enclosed in microcapsules. The administration can also be rectally, for instance in the form of suppositories or parenterally, for instance in the form of solutions for injection. The peptide can also be administered as a nose spray or powder. Finally the administration as sublingual should be mentioned.

For the preparation of tablets, film coated tablets, dragées and hard gelatine capsules the peptide can be mixed with pharmaceutically inert, inorganic or organic excipients. For tablets, dragées and hard gelatine capsules such excipients can be lactose, corn starch or derivatives thereof, talc, stearin acid or salts thereof, etc.

For soft gelatine capsules vegetable oil, wax, fats, semisolid and liquid polyols etc, are suitable as excipients.

For the preparation of solutions and sirups water, polyol, saccharose, invert sugar, glucose and the like are suitable as excipients.

For solutions for injection water, alcohol, polyol, glycerine, vegetable oil etc are suitable as excipients.

For suppositories natural or hardened oil, wax, fat, semiliquid or liquid polyol and the like are suitable as excipients.

The pharmaceutical compositions can also contain preservatives, stabilizers, emulgators, sweeteners, colouring matters, flavourings, salts for changing the osmotic pressure, buffers, sugar coatings or antioxidants. They can also contain further therapeutically valuable agents.

The dosage of the pentapeptide according to the invention to homo should lie within the interval 1-100 mg/day, preferably 1-20 mg/day. The pentapeptide should be given at each meal.

The invention is illustrated by the following non-limiting examples.

#### EXAMPLE

##### Regulation of the appetite

Systematic experiments on rats have demonstrated that they lose their appetite and weight when given injections of the pentapeptide. The experiments were designed in such a manner that the rats had to accustom themselves to a four hour period in order to meet their daily nourishment. This consisted of standard pellets. 15 minutes before the food was presented the rats were given an intraperitoneal injection containing peptide or saline, respectively, and food intake was measured at times 0, 30 minutes, 60 minutes, 2 hours and 4 hours. The rats were given saline one day, peptide the following day, saline etc. A typical peptide pattern and a saline pattern (Table I) could be observed. The control rat ate a lot in the beginning and had consumed its whole daily need after two hours. The peptide rat on the contrary had satisfied its hunger earlier, stopped eating after about 1 hour and had then eaten 60-80 per cent of its daily need (depending on the dosage of the peptide), rested and slept for an hour, grew hungry again and consumed the rest of its daily need between 2-4 hours.

In these short term experiments the amount of consumed food was the same with and without peptide (10-15 g), the peptide just brought about a different distribution of the food intake. The food intake was delayed in time after an injection of peptide. It was important that the rat will serve as its own control due to

individual variations in the pattern of food intake.

When the experiment was completed (different dosages of peptide + controls) the animals were killed and pancreas taken out. There was a correlation between the pattern of food intake and the amount of procolipase in the pancreatic gland. The rats which had a peptide pattern in the control had more procolipase in their pancreas and therefore possibly a larger endogenous production of peptide. This is a support for a physiological function of the peptide in the regulation of appetite and thus also for a pharmacological use. The results are shown in the following tables.

Table I

Food intake during a four hour period before and after injection of peptide (20 µg). The intake of food, which is the same with and without peptide, is defined as 100 per cent and the intake is calculated as cumulative intake of food in per cent. The rat served as control one day, receiving peptide the next day etc.

Time	Intake of food (%)	Intake of food (%)
	Control n = 8	Peptide (20 µg) n = 8
0	0	0
1/2 hour	53.5 ± 9.2	41.6 ± 11.0
1 "	76.7 ± 16.3	55.0 ± 5.9
2 hours	95.9 ± 6.1	64.3 ± 8.2
4 "	100	100

Table II

Weight increase of rat fed normal food (standard pellets), of rat given standard pellets and injection of peptide (20 µg) once a week and of rat given standard pellets to which were added procolipase according to the following description: pellets weighing 2.5 g were drilled to produce a 0.5 × 10 mm gap, in which 50 µl of a procolipase solution (54600 units/ml) corresponding to 100 µg procolipase containing 5 µg peptide was added. With a daily consumption of 10-15 g pellets, the amount of peptide consumed corresponded to 20-30 µg peptide.

	Weight increase g/day
Normal	1.67
Peptide (once a week)	1.50
Procolipase pellets	0.18

#### Effect of procolipase pellets

In continued investigations it has been demonstrated that the food intake of rats can be reduced by a continuous administration of procolipase pellets and that the effect is reversible, that is the food intake will go up again when the procolipase pellets are replaced by ordinary pellets. The experiments were designed in a way that 2 rats were given ordinary pellets for 10 days (period I), then procolipase pellets (3.77 nmol/g) for 10 days (period II) and finally ordinary pellets for 7 days (period III). The food was available 17 hours per day between 4.00 p.m. and 9.00 a.m. The results disclosed in table III show that the intake of food was significantly lower during the procolipase period.

Table III

Experimental situation	Intake of food (g/day)
------------------------	------------------------

Period I: Standard pellets	17.8 $\pm$ 2.6	5
Period II: Standard pellets + procolipase	15.0 $\pm$ 1.8***	
Period III: Standard pellets	17.5 $\pm$ 2.1 n.s.	10

Pellets containing the same amount of colipase (3.77 nmol/g) did not influence the intake of food, which supports the significance of the propeptide.

#### Procolipase in genetically obese Zucker rats

Genetically obese Zucker rats (fa/fa) have a greater bodyweight and a larger intake of food than normal laboratory rats. We have found that pancreas of the obese rats contains a significantly lower amount of procolipase than pancreas of rats of normal weight (Table IV). This supports the hypothesis that procolipase in some form is of significance for the normal control of the intake of food and in the bodyweight. Other pancreatic enzymes, lipase and trypsin, are normal.

Table IV

Body weight, food intake and composition of pancreas in genetically obese Zucker rats and normal rats.

	Normal (n = 13)	Obese (n = 4)	
Body weight (3 months)	200.6 g	308 g	25
Food intake (g/day)	16.8 $\pm$ 1.1	21.4 $\pm$ 0.9	30
The enzymes of pancreas:			
Activity/mg protein			
Amylase	1.76 $\pm$ 0.45	0.78 $\pm$ 0.12**	40
Trypsinogen	6.27 $\pm$ 1.28	6.07 $\pm$ 0.97 n.s	
Lipase	192.6 $\pm$ 36.6	169.0 $\pm$ 46.5 n.s	45
Procolipase	206.1 $\pm$ 46.4	79.3 $\pm$ 22.9***	

#### Pharmaceutical compositions

The peptide according to the invention can be administered in ordinary pharmaceutical compositions. Below is presented some proposals for compositions wherein the peptide is a constituent.

Tablet  
 peptide 5 mg  
 lactose 140 mg  
 Mg-stearate 2 mg  
 cellulose acetate phthalate 10 mg

Microcapsules  
 peptide 5 mg  
 lactose 100 mg  
 Avicel 50 mg  
 Eudragit L 30 mg

iv solution  
 peptide 5 mg  
 NaOH q.s. to alkaline pH  
 5 NaCl to isotonic  
 pure H<sub>2</sub>O ad 1 ml

Nose spray  
 peptide 5 mg  
 10 NaOH q.s.  
 NaCl q.s.  
 Methyl cellulose q.s.  
 pure H<sub>2</sub>O ad 0.2 ml

15 Nose powder  
 peptide 5 mg  
 lactose 20 mg

20 Sublinguett  
 peptide 5 mg  
 lactose 140 mg  
 gum arabic 10 mg  
 Mg-stearate 2 mg

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# Claims

30 1. Agent for the regulation of the appetite or a sleeping agent, **characterized in** that it is composed of the activation peptide of colipase occurring in procolipase consisting of the peptide sequence

X-Pro-Y-Pro-Arg

wherein

a) X is Ala and Y is Gly, or

b) X is Val and Y is Asp,

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or a derivative thereof.

2. Agent according to claim 1, **characterized in** that it is procolipase.

3. Agent according to claim 1, **characterized in** that it consists of the peptide sequence bound to a synthetic polymer.

4. A pharmaceutical composition comprising as active ingredient an agent according to any of claims 1-3.

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5. A pharmaceutical composition according to claim 4 in dosage unit form.

6. A pharmaceutical composition according to claims 4-5 comprising the active ingredient in association with a pharmaceutically acceptable carrier.

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7. A method for the treatment of overweight and sleep disturbances in mammals, including man, characterized by administration to a host in need of such treatment of an effective amount of an agent according to any of claims 1-3.

8. An agent according to any of claims 1-3 for use as a therapeutically active substance.

9. Use of an agent according to any of claims 1-3 for the preparation of medicaments with effect against overweight and sleep disturbances.

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10. A process for the preparation of a pharmaceutical composition **characterized in** that the activation peptide of colipase consisting of the peptide sequence

X-Pro-Y-Pro-Arg

wherein

a) X is Ala and Y is Gly, or

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b) X is Val and Y is Asp

or a derivative thereof, is mixed with a pharmaceutically acceptable carrier.

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# PARTIAL EUROPEAN SEARCH REPORT

which under Rule 45 of the European Patent Convention  
shall be considered, for the purposes of subsequent  
proceedings, as the European search report

Application number

EP 87 85 0349

DOCUMENTS CONSIDERED TO BE RELEVANT			
Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	CLASSIFICATION OF THE APPLICATION (Int. Cl. 4)
A	FEBS LETTERS, vol. 126, no. 1, April 1981, pages 25-28, Elsevier/ North-Holland Biomedical Press, NL; B. BORGSTRÖM et al.: "Effect on fenfluramine and related compounds on the pancreatic colipase/lipase system"  * The whole article, especially pages 27-28, "discussion" *  --	1-6, 8-10	A 61 K 37/02
A	REPROD. NUTR. DEVELOP., vol. 23, no. 1, 1983, pages 137-144; A. GIRARD-GLOBA et al.: "Pancreatic hydrolases in cold-induced hyper- phagia of rats fed a low or high- fat diet"  * Summary; page 140, table 4; page 141, line 9 - page 142 *  --  ./.	1-6, 8-10	TECHNICAL FIELDS SEARCHED (Int. Cl. 4)  A 61 K 37/00
<b>INCOMPLETE SEARCH</b>  The Search Division considers that the present European patent application does not comply with the provisions of the European Patent Convention to such an extent that it is not possible to carry out a meaningful search into the state of the art on the basis of some of the claims. Claims searched completely: Claims searched incompletely: 1-6, 8-10 Claims not searched: 7 Reason for the limitation of the search:  See sheet -B-			
Place of search  THE HAGUE		Date of completion of the search  21-02-1990	Examiner  ISERT
<b>CATEGORY OF CITED DOCUMENTS</b>  X : particularly relevant if taken alone Y : particularly relevant if combined with another document of the same category A : technological background O : non-written disclosure P : intermediate document  T : theory or principle underlying the invention -E : earlier patent document, but published on, or after the filing date D : document cited in the application L : document cited for other reasons  & : member of the same patent family, corresponding document			





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# PARTIAL EUROPEAN SEARCH REPORT

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-2-

DOCUMENTS CONSIDERED TO BE RELEVANT			CLASSIFICATION OF THE APPLICATION (Int. Cl. 4)
Category	Citation of document with indication, where appropriate, of relevant passages	Relevant to claim	
A	DIABETE & METABOLISME, vol. 10, no. 1, 1984, pages 52-62, Masson, Paris, FR; C. LEGER: "Données récentes sur la lipase et la colipase pancréatiques" * Summary; page 57, figure 4; page 60 *	1-6, 8-10	
	--		
T	BIOCHEMIE, vol. 70, 1988, pages 1245-1250, Société de Chimie biologique/Elsevier, Paris, FR; C. ERLANSON-ALBERTSSON et al.: "A possible physiological function of pancreatic pro-colipase activation peptide in appetite regulation" * The whole article *	1-6, 8-10	TECHNICAL FIELDS SEARCHED (Int. Cl. 4)
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E	EP-A-0 258 995 (HERMON-TAYLOR) * Claims; page 31, lines 12-25; pages 33-35, line 3 *	10	
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Sheet -B-

MEANINGFUL SEARCH NOT POSSIBLE OR INCOMPLETE SEARCH

Claim not searched: 7

Method for treatment of human or animal  
body by surgery or therapy (see Art. 52(4)  
of the European Patent Convention).

Claims searched incompletely: 1-6,8-10

The terms "derivative" (claim 1) and "synthetic polymer" are  
not defined. The use for the preparation of a medicament against  
sleep disturbances is not supported by pharmacological examples.  
(See EPC Art. 83,84; EPC Rule 27(1)f).